

2019 SENIOR COURSE INFORMATION

Head of Department Shelley Gilman
Subject: **Food & Nutrition**

	Year 12	Year 13
Course Content (In no order.)	<p>1. Food for Toddlers OR Sports people: Analyse nutrition issues around the provision of food for pre-school children or sports people and to justify actions to address those issues.</p> <p>2. Analyse practices in ECS to enhance children's wellbeing for children in NZ OR Sustainable food.</p> <p>3. Analyse beliefs, attitudes and practices related to a Nutritional issue for families in New Zealand. Food security is one such issue.</p> <p>4. Bringing it all together. Applying nutrition and the underlying Principles to a range of nutritional contexts of interest to students.</p> <p>In each unit of learning there is a practical cooking component. All standards contribute toward level two literacy</p>	<p>1. Explore a nutritional issue facing New Zealand</p> <p>2. Take action to address the concern studied in unit one.</p> <p>3. Investigate & analyse different advertising strategies & media messages in depth and analyse their influence on people's food choices.</p> <p>4. Evaluate nutritional information commonly misunderstood or presented in ways that is confusing and misleading.</p> <p>Scholarship is offered to those who are excelling in this subject. In each unit of learning there is a practical cooking component. All standards contribute toward literacy.</p>
Pre Requisites	Must have NCEA level one and preferably level 1 Food and Nutrition.	Must have NCEA level 2, Level 2 Food and Nutrition OR level 2 Physical Education (minimum 15 achievement standard credits)
Assessment	<p><i>A range of appropriate Plunket Unit Standards will be selected to support students learning if toddlers are being studied.</i></p> <p>91299 2.1 Analyse issues related to the provision of food for people with specific food needs 5 credits</p> <p>*91302 2.4 Evaluate sustainable food practices. 5 credits</p> <p>*91303 2.5 Analyse practices to enhance wellbeing in care provision in the community. 5 credits</p> <p>*91301 2.3 Analyse beliefs, attitudes and practices related to a Nutritional issue for families in New Zealand 5 credits</p> <p>91300 2.2 Analyse the relationship between well-being, food choices and determinants of health. External 4 credits</p> <p>*If students are interested we may swap this standard for the other *.</p>	<p><i>External Assessment: 8 credits:</i></p> <p>91471 3.6 Analyse the influences of food advertising on well-being. 4 credits and if there is interest....</p> <p>91470 (3.5) Evaluate conflicting nutritional information relevant to well-being in New Zealand society. 4 credits</p> <p><i>Internal Assessment: 15 credits</i></p> <p>91466 3.1 Investigate a nutritional issue affecting the well-being of New Zealand society. 5 credits</p> <p>91467 Implement an action plan to address a nutritional issue affecting the wellbeing of New Zealand society. 5 Credits</p> <p>91468 3.3 Analyse a food related ethical dilemma for New Zealand society. -Optional 5 credits</p> <p>91469 3.4 Investigate the influence of multinational food corporations on eating patterns in New Zealand. Optional 5 credits</p> <p>If students have an ongoing interest in Early Childhood Education, then some level 3 Plunket standards can be offered. Other Achievement Standards may be offered after consultation with students is completed.</p>
Costs	As at June \$40.00 per term	As at June \$40.00 per term